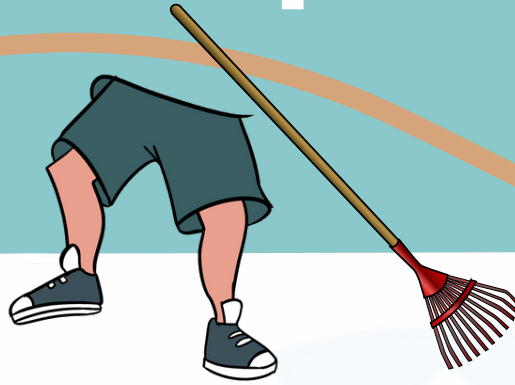




Get Set 4  
Education

# Stomp



## What you need:

- items that you can make music with, from around the house
- a device to watch a video of Stomp (optional)

## Stomp:

Stomp is a percussion group, originating in Brighton. The group uses the body and ordinary objects to create a physical theatre performance using rhythms and acrobatics.

- ☆ Watch a video of their work where they use found objects such as brooms, wooden poles, hammer handles, dustbin cans and matchboxes.

## Find some instruments:

- ☆ Find some items from around the house that make good sounds e.g:
  - spoons
  - plastic bottles
  - a broom
  - a saucepan
  - a container of rice/pasta

## Create your own music:

- ☆ Use your found instruments to create your own 'Stomp' style performance. Perhaps you could include other people in your household to join in with you.
  - explore the dynamics (how loudly or quietly you play your instrument)
  - explore the tempo (how quickly or slowly you play your piece)