

PSHE – Curriculum Map

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|--|--|---|--|---|--|
| Nursery | Managing Self Self-Regulation Building Relationships | | | | | |
| Reception | Managing Self Self-Regulation Building Relationships | | | | | |
| Year 1 | Rules and Responsibilities Communication Fairness Copyright & Ownership | Communication Safe Zone (Self Image and Identity) | Hygiene Healthy Lifestyles Fairness Online Information | Keeping Safe (Personal Safety) Privacy and Security | Family and Friends Rules and Responsibilities | Money and Finance Relationships (Discovery Education) |
| Year 2 | Fairness Keeping Safe (Personal Safety) Self Image & Identity | Emotions Communication Online Relationships | Hygiene Online Reputation | Changing and Growing Healthy Lifestyles Fairness Online Bullying | Hygiene Online Information Relationships (Discovery Education) | Money & Finance Copyright & Ownership Privacy & Security |
| Year 3 | Healthy Relationships Self Image & Identity | Healthy Relationships (Discovery Education) | Communication Online Relationships Online Bullying Online Information & Reputation | Diversity Healthy Lifestyles | Growing and Changing First Aid Healthy Lifestyle Privacy & Security | Healthy Lifestyle Collaboration Copyright & Ownership |
| Year 4 | Online Safety Online Relationships Online Bullying | Discrimination Bullying Emotions Healthy Lifestyle | Nutrition & Food Online Reputation Online Information | Emotions Self Image & Identity Relationships (Discovery Education) | Communication Emotions Copyright & Ownership | Similarities & Differences Privacy & Security |
| Year 5 | Rules & Responsibilities Privacy & Security | Healthy Relationships Safety (Drugs & Alcohol) Emotions Self Image & Identity | Emotions Safety - Tobacco & Substance Misuse Online Reputation Online Information | Health Healthy Lifestyle Puberty (Discovery Education) - Compulsory | Nutrition & Food Communication Healthy Relationships Copyright & Ownership | Safety - First Aid Online Relationships Online Bullying Substance Abuse |
| Year 6 | Aspirations Online Safety Online Reputation Online Information | Aspirations Online Relationships Online Bullying | Health Self Image & Identity | Health Healthy Relationships Similarities & Differences Healthy Lifestyle | Healthy Relationships Privacy & Security Extremism & Radicalisation (Option) | Making Money Copyright & Ownership Sex Education (Option - Discovery Education) - Parental engagement & choice |