

## A warm welcome to Early Years 3D PSHE!

As a prime area of the Early Years Curriculum, PSED (Personal, Social and Emotional Development) is known to be a vital part of Early Learning.

All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within the Early Years Nursery 3D PSHE programme.

Modern British values are embedded, both implicitly and explicitly within the teaching resources, so that, from a very early age, children are being taught the importance of tolerance, democracy, respect and rules and responsibilities.

This is an invaluable resource for any Early Years practitioner, with 16 stories in total, all linked directly to the Development Matters objectives.

The storylines, which are meaningful and relevant to this age group, introduce characters that young children can identify with in order to help teach key messages and skills.

Lily, a likeable but mischievous young lady and her friend, Sam (short for Samir) lead the cast, along with their friends, Kally, Poppy, Yin, Clyde, Ben and Dan. They're all in Miss Barker's nursery class. Centred around their nursery experiences, their stories are engaging and enjoyable, ultimately leading to lasting learning.

Engaging, practical follow-up activities are suggested on each lesson plan, linked to the stories, and many of the stories can be acted out or used in role play situations.

Early Years Nursery 3D PSHE is a perfect starter on the journey of personal development for any child and the KS1 and KS2 3D PSHE Programmes are ideal for continuing that journey in a planned, progressive way!

To find out more go to <https://www.dimensionscurriculum.co.uk>

Now, go and have fun teaching PSHE!

Elaine Sutton



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# Early Years



# Introduction Coverage

## Building Relationships

## Lessons

- Play with one or more other children, extending and elaborating play ideas (DM 3 & 4 year olds)
- Help to find solutions to conflicts and rivalries (DM 3 & 4 year olds)

Lesson 1 'Let's Play Shops'

Lesson 13 'Fair Shares'

## Self- Regulation

## Lessons

- Select and use activities and resources, with help when needed. (DM 3 & 4 year olds)
- Increasingly follow rules, understanding why they are important (DM 3 & 4 year olds)
- Do not always need an adult to remind them of a rule (DM 3 & 4 year olds)
- Develop their sense of responsibility and membership of a community (DM 3 & 4 year olds)
- Show more confidence in new social situations (DM 3 & 4 year olds)
- Becomes more outgoing with unfamiliar people, in the safe context of their setting (DM 3 & 4 year olds)

Lesson 5 'Make Your Choice'  
Lesson 10 'Well Done!'

Lesson 14 'The Pantomime'

Lesson 16 'A Waiting Game'

Lesson 6 'Odd Jobs'

Lesson 11 'A New Baby'

Lesson 4 'Good Friends'

## Managing Self

## Lessons

- Begin to understand how others might be feeling (DM 3 & 4 year olds)
- Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried' (DM 3 & 4 year olds)
- Talk with others to solve conflict (DM 3 & 4 year olds)
- Develop appropriate ways of being assertive (DM 3 & 4 year olds)

Lesson 12 'Deaf Girl'

Lesson 15 'You Smell'

Lesson 2 'Who's Playing?'

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## Lily

Lily lives with her mum and dad. She has no brothers or sisters and she likes it that way. Lily's favourite colour is yellow because her special teddy is yellow.

## Kally

Along with her twin sister, Poppy, Kally lives with her mum and Poppy's black cat, Jess. Her favourite colour is blue because it reminds her of the sky on a sunny day.



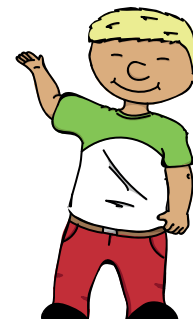
## Sam

Sam lives with his mum, dad and older brother, Adi. His favourite colour is orange because he loves oranges and orange flavoured things.



## Dan

Dan lives with his mum, dad and younger sister, Bella. He is also very close to his grandma. Dan's favourite colour is green because he loves playing in the park.



## Poppy

Along with her twin sister, Kally, Poppy lives with her mum and her black cat, Jess. Her favourite colour is red because of her name.



## Miss Barker

Miss Barker lives with her cat, Dexter. She is the nursery teacher at Peachfields. Her favourite colour is yellow because it is a happy colour and reminds her of summer.



## Yin



Yin lives with her mum and dad. She has no brothers or sisters and she doesn't like it that way. She wants a baby brother. Her favourite colour is pink because everyone says it suits her.

## Ben



Ben has three brothers; Brad, Billy and Brett. They all live together with mum, dad and Rocky the budgie. His favourite colour is... he doesn't have one!

## Clyde



Clyde lives with his mum and older sister, Bonnie. He has a cat called Hiccup. His favourite colour is grey because he is often in a bad mood.

## Richard



Richard lives with his two dads and younger brother, Joe. Richard's favourite colour is blue because the football team he supports play in a blue strip.

## Daisy



Daisy lives with her grandma and grandad. Her mummy died when she was born. Daisy is deaf but understands things perfectly well. Her favourite colour is brown because she loves eating chocolate!

## Mrs Ahmed



Mrs Ahmed lives with Mr Ahmed and two little Ahmeds. Her favourite colours are orange and purple - she can't choose between the two!