

**Colham —
— Manor**
Primary School
Aspire, Achieve, Thrive

Physical Education

Colham Manor Primary School

Last updated:

January 2024

Introduction

Aims and objectives

At Colham Manor Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

English as an Additional Language

All pupils with EAL are able to access the curriculum due to the interactive nature of the Get Set 4 PE scheme of work. Children can watch videos of skills that they are learning and follow the visual flash cards.

Special Education Needs

Pupils with SEND are able to access the lessons as they offer a range of multi sensory approaches, resources and interactive elements. This supports the pupil to stay engaged and enables them to participate in the whole lesson.

Teaching and learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Colham Manor uses the services of Primary Sporting Development in order to deliver the scheme of work provided by GetSet4PE. Through Primary Sporting Development; Colham Manor takes part in numerous competitions against other schools in the local area, alongside some national competitions. The lead coach and directors from Primary Sporting Development use regular observations and assessments to ensure PE teaching is maintained, and progression of children is made. Colham Manor Primary school in cohesion with Primary Sporting Development provide a

'sports day' each year, along with using intervention groups to focus on children with specific needs, all this is provided along with a wide variety of extracurricular activities at lunchtime and after school.

We encourage the physical development of our children in the nursery and reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age.

We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction; Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;
- Reviews teaching and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by the curriculum leader.

Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma.

Staff know about the safe practices involved in moving and using apparatus. Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective. Our School provides an appropriate PE kit for all children and keeps spare sets in school.

Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics, dance and yoga.

Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in. Equipment and apparatus are stored safely at the end of each lesson.

Pupils are taught to consider their own safety and that of others at all times.

Teaching staff should be appropriately dressed to teach PE. We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

Medical

Each class is provided with an asthma box for the pupils in their class. They must take this with them to each lesson and follow instructions provided in the box if administering a pupil's inhaler pump.

Concluding notes

Monitoring and review

The member of staff with responsibility for Physical Education is primarily responsible for the monitoring and implementation of this policy. This will be supported by the PSD team. The policy will be reviewed annually.

Links to other policies

- PE curriculum map
- School uniform policy which details what should be worn in PE lessons
- Large apparatus risk assessment

Appendices

www.getset4pe.co.uk

www.gov.uk



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